

The 22nd Sunday in Ordinary Time August 31 - September 1, 2024

St. Charles Borromeo Parish

707 Eagle Street, P. O. Box 130, Genoa, WI 54632

Website: www.stcharlesgenoa.org

Parish Office: 608-689-2642

Email: office@stcharlesgenoa.org

Pastor: Fr. Daniel Sedlacek

fdanielsedlacek@gmail.com

Mass Schedule & Intentions for September 2 - 8, 2024

09/02/24	Monday	NO MASS	
09/03/24	Tuesday	8:30 AM	St. Charles School families
09/04/24	Wednesday	NO MASS	
09/05/24	Thursday	8:00 AM	† Raymond & Lucille Sedlacek
09/06/24	Friday	8:00 AM	Phillip Ames
09/07/24	Saturday	4:00 PM	† Paul Nickelotti
09/08/24	Sunday	9:30 AM	People of St. Charles

Ministry Volunteers

Lectors

Sat. Sept. 07: 4:00 PM: Kathy Pedretti

Sun. Sept. 08: 9:30 PM: Tim Gillespie

Servers

Sat. Sept. 07: 4:00 PM: Volunteers

Sun. Sept. 08: 9:30 AM: Easton Eckes; Henry &
Oscar Levendoski

Extraordinary Minister of Holy Communion

Sun. Sept. 08: 9:30 AM: Priscilla Martin

Rosary Leaders/Volunteer

Sat. Sept. 07: 4:00 PM: Volunteer

Sun. Sept. 08: 9:30 AM: Volunteer

Sacrificial Giving Tabulation

Mon. Sept. 02: Tom & Pam Jeffers; Carolyn
Umberger

Mon. Sept. 09: Priscilla Martin; Tom Naegle
Linda Pedretti

Ushers (September 2024)

Saturday: Steve Woodhouse & Larry Kelsey

Sunday: Keith Magnuson & Arnie Trussoni

Prayer Requests

Call 608-689-2642 - requests will be passed to
Father Sedlacek & the prayer chain.

Sacraments and Prayer

Church Hours

The church is open every day from 7 AM - 7 PM.

Confession

Saturdays: 3:15 PM - 3:45 PM

Sundays: 8:45 AM - 9:15 AM

2nd Thursdays: 6:00 PM - 7:00 PM

Eucharistic Adoration

1st Fridays: After the 8 AM Mass

2nd Thursdays: 6:00 PM - 7:00 PM

Baptism: Contact parish at least 2 months prior:
608-689-2642

Marriage

Contact parish at least 6 months prior to the
wedding to schedule a date and preparation
meeting with the parish priest.

Anointing of the Sick and Homebound

Inform the parish office at (608) 689-2642 if
someone is seriously ill and needs the Sacrament
of the Anointing of the Sick.

Sacrificial Giving: August 24 & 25, 2024

Estimated Weekly Need \$7,032.69

Adult Envelopes \$3,727.00

Plate Offering \$ 212.25

Support Our Schools \$ 20.00

Religious Education \$ 20.00

Total \$3,979.25

From the Pastor's Desk

How to Meditate: Advice from St. Francis de Sales

Peace be with you! We are so happy to welcome two new families to our parish! I think that make the count 13 or 14 new families since January 2023. Mark your calendars and come to Sunday Mass on Sept. 8th and Fellowship afterwards in the School gym to meet our newest parishioners and welcome them to St. Charles!

Last week I wrote about Christian meditation (a.k.a. “mental prayer”) as an essential way to grow closer to God. St. Francis de Sales, a bishop who lived in southeastern France from 1567-1622, is an amazing guide for growing deeper in the practice of prayer. His book, *Introduction to the Devout Life*, is one that I highly recommend to everyone.

St. Francis de Sales’ method for mental prayer consists of four parts: Preparation, Meditation, Affections and Resolutions, and Conclusion. The first part, preparation, consists of three points. First place yourself in the presence of God. You can do in several ways, but here are the ones I find most helpful. One: God is in all places even though we don’t see Him and so we often forget His presence. Two: Recall that God is present in your heart, the deepest part of you. In Him “we live and move and have our being.” Three: Imagine Jesus, in His humanity, being with you. Imagine Him coming into the place you are, pulling up a chair and sitting in front of you. This is not playing “make believe,” but rather using our imagination, which is a gift from God, to help us enter the reality of God’s presence.

Second, once you have settled down in God’s presence, acknowledge Him with reverence. The King of all Creation has lowered Himself to be with you for this time. You can use a phrase from Scripture or from your heart. “Lord, teach me to pray.” “Here I am, Lord.” “Speak, Lord, your servant is listening.”

Third, introduce the subject of the meditation. Maybe it will be a moment from the life of Christ. It could also be a teaching of our Faith. Whatever the subject, simply imagine the scene as if it really took place right before your eyes. Try to imaginatively engage your five senses. What do you see, smell, hear, taste, touch? If the subject of the meditation is abstract (e.g. God’s love, His mercy, etc...), then simply focus on the topic.

The second part is called meditation. This is when engage our intellect (that capacity by which we think and reason) on the subject of this time of prayer. Do not move too quickly during this time from point to point or thought to thought. If you come upon a point, consideration, word, or idea which brings appeal, light, or interest, stay with that point for some time. If you try to dwell on a point for a while and it is not working, just calmly continue on to the next point. In the following meditations, I will give you the points for consideration, but when you are praying on your own, you may have to form your own points for consideration.

The third part is called affections and resolutions. During the course of your prayer, your feelings or desires (“affections”) may be moved. Some examples of this are: love for God or neighbor, desire for heaven, desire to imitate Jesus Christ or the Saints, wonder, joy, fear, hatred of sin/evil, sadness for our past sins or past hurts. These affections are “signals” of “something happening.” Slow down and focus in when you experience these in prayer, because they can indicate something that God wants to bring to our attention and examine with Him.

It is best that our affections lead us to make holy resolutions, that is, plans of action. The more specific the plan, the better. For example, perhaps while considering the suffering that Jesus endured while carrying His cross, you are moved by a desire to console Him. And so, you make a resolution to go out of your way after your time of prayer to call a friend who is in need of encouragement. Or perhaps you are moved to sadness by the memory of saying something rashly which hurt a friend. You resolve then to seek that friend’s forgiveness the next time you see them.

The fourth part is the concluding of our prayer, which can include three actions. Thank, offer, and ask. Thank God for the insights, affections, and resolutions given to us in the time of prayer. Even if “nothing

happened,” you can thank God for the time He spent with you. Then offer to God your affections and resolutions by uniting them with Jesus’ own offering of Himself to the Father. Then ask God for the good things you need: grace, a certain virtue, faithfulness. Pray for the Church, your family, friends, the poor, etc... and conclude by praying the *Our Father* or some other memorized prayer. Be sure to “gather” one or two thoughts or resolutions with you after you conclude your prayer so that you can recall them throughout the rest of the day. St. Francis de Sales calls this a “spiritual bouquet,” it is like one or two flowers you can make into a boutonniere to pin on your suit jacket and smell throughout the day. Thus, your prayer will not only benefit you during the time you pray, but will enliven you throughout your whole day.

St. Charles Borromeo, pray for us!
-Fr. Sedlacek

St. Charles Parish News

Welcoming of New Parishioners

We will be officially welcoming our many new parish families next Sunday at the 9:30 am Mass. After Mass, we will be gathering as a Catholic community for fellowship in the school gym. This is a joyous opportunity, for both existing and new parishioners to come together and enjoy each other’s friendship.

Eucharistic Adoration for our Parish **Thursday, Sept 12th**

Come and spend time with Jesus in the Eucharist on the 2nd Thursdays of the month. Next Adoration is September 12th from 6:00 to 7:00 PM at St. Charles church. The Sacrament of Reconciliation will also be available during that time.

We have openings for Mass intentions at St. Charles for **weekday Masses** starting next week. We have weekend Mass intentions open after November. Suggested offering for one Mass intention is \$20. Thanks!

St. Charles School News

1st Day of School!

Our first day of school at St. Charles is Tuesday! It will be a Mass day for our students, and so remember to wear your St. Charles shirts on Tuesday. We are so excited to start a new school year at St. Charles, which has been educating students since 1907!

SAVE THE DATE!!! Trivia Night

Our next Trivia Night will be on Saturday, October 5 at 6:00 pm! More details and registration info to come...

Support our School!

Remember to buy Scrip on the RaiseRight app or to order them by contacting Megan Olson. Also, shop at Thrifty Pickins’ & Buckies located at 980 WI-Hwy 16, West Salem, and mention St. Charles School when you check out.

News from the Diocese and our Community

Mass and Healing Service – Monday, Sept. 9th

This is an opportunity for physical, emotional, and spiritual healing through prayer and the sacraments. Join us for a special Healing Service and Mass at Sacred Heart church in Cashton on Monday, September 9th.

4:30 pm – Confessions and Adoration of the Blessed Sacrament. 5:30 pm – Holy Mass. After Mass – Healing Service, which includes times of communal prayer, healing prayers individually, and in small prayer groups. All are welcome. Please come and experience the healing power of Christ.

Jesus Promised: “These signs will accompany those who believe... They will lay hands on the sick and they will recover.” - Mark 16:17

Amara Rose Memorial Remembrance Walk – **Wed. Sept. 11th**

Join the Amara Rose Foundation to honor those that have lost their lives to addiction and celebrate those in recovery for the Second Annual Memorial Remembrance Walk. The event takes place September 11th at 7:30 p.m. at the Vernon County racetrack at the fairgrounds. It is the first day of the fair, open to the public and it is free to get in to the

fair that day. You can register for the walk, which includes a t-shirt, for \$20 by scanning the QR code on our event posters or go to our website, www.AmaraRosefoundation.org

Come to Rural Life Day | Sept. 18, from 10 AM-2 PM | Schmidt Family Farm in Lone Rock, WI

Join hundreds of the faithful for the 43rd Annual Rural Life Day at the Schmidt Family Farm on Wednesday, Sept. 18 from 10 AM-2 PM at 29281 Fairview Rd. in Lone Rock. Bishop Battersby will celebrate Mass at 10 AM, after which he will present awards recognizing parishioners and farm families, and bless animals, crops and machinery. Lunch will be served. Join us as we joyfully thank God for the food that sustains our lives, the land on which it is grown, and the dedicated families who farm it.

Women's Prayer Group – Begins Sept. 19

Come and See! All women are welcome to attend *Walking with Women, Praying with Scripture!* This is NOT a physical exercise of the body. We practice the ancient exercise of lectio divina, engaging our five senses while reading the Gospels. This practice has been passed down through the church for ages, aiding the faithful to experience a deeper encounter with Jesus in His Living Word. As a group, we desire to offer Christian community for women of all ages. We will be gathering in the Undercroft at St. Joseph the Workman Cathedral beginning on Thursday, September 19, at 6 p.m. Please contact Mari Erickson or Amy Mulhern at walking9praying8@gmail.com for more information.

Sacred Heart School (Cashton) Golf Fundraiser

Sacred Heart School of Cashton is hosting its annual golf fundraiser at Viroqua Hills Golf Course on Saturday, September 28. 4 person scramble. \$80 per person. Shotgun start at 9 a.m. Cash and door prizes. To register, contact Craig at craig@craigsteger.com

Worldwide Marriage Encounter – Sept 27-29

A Worldwide Marriage Encounter Weekend Experience is like Springtime. It's a weekend of

fresh air, the rebirth of romance and new beginnings. If you'd like to make your marriage even more special than it already is—call now! Weekend dates are Sept. 27-29 in Dubuque, Iowa and Nov. 8-10 in Holstein, Iowa. Call Denise & Greg for more information or sign up at wwme.org.

Consecrated Virginitly Discernment Weekend October 11-13

Want to discover the call and gift of the ancient vocation of consecrated virginity for women living in the world? Join us at the La Crosse Holy Cross Diocesan Center for the Informational / Discernment Weekend. For more information or the Diocesan Calendar on the website diolc.org/events/ For more information about consecrated virginity for women living in the world, go to the Diocesan web page: diolc.org/consecratedlife/consecrated-virgins/

Catholic Charities Warming Center

The La Crosse Warming Center provided day services during the summer for the first time this year, allowing individuals to take showers, do their laundry, and escape the heat on certain days of the week. Thank you to the local parishes that have given or have pledged to give to help us cover the cost of this effort! While we are proud to provide these extra ministries, our costs continue to rise along with the summer temperatures. We kindly ask for your generosity to help us keep the La Crosse Warming Center a beacon of hope in our community. If you donate, rest assured it will be put to excellent use. If a financial contribution is not possible at this time, we humbly request that you keep us in your prayers as we carry out the Lord's work in our community.

Now Open! Alliance Women's Clinic

Alliance Family Services serves women and families who find themselves unexpectedly pregnant and struggling. They provide prenatal care, material assistance, housing, and much more. To learn about their inspiring mission and to provide financial support, visit alliancefamilyservices.org. For a listing of many other wonderful Pregnancy Resource Centers around the diocese, visit diolc.org/pregnancy-resources.

Parish Events Calendar

Tue. Sept.03: First Day of School at St. Charles
Sat. Sept.07: First Saturday Mass at St. Mary's Hermitage 9 AM
Sun. Sept.08: Fellowship Sunday after 9:30 AM Mass. Blessing of New Parishioners at Mass.
Sun. Sept.15: OCIA Gathering after the 9:30 AM Mass
Thu. Sept.12: Eucharistic Adoration for our Parish 6:00-7:00 PM
Sat. Oct. 05: Trivia Night at St. Charles School. 6 PM