



September



Family Folder – Wednesday, September 27, 2023

Field Trip to Hidden Trails: The whole school will be going on a field trip Thursday, **October 5**. Here are the details:

- 4K-2nd graders will go to Shinhata's Orchard. They'll have a wagon ride, apples to pick, pumpkins to paint, and a time to play at the playground.
- 3rd-6th graders will go to the Ft. Crawford Museum to visit the two museums, the gift shop, and experience an outdoor survival workshop.
- All students will then be picked up to have lunch at Ft. Fun Park on South 15th St. Bring a cold sack lunch.
- PTO will pay for the bus and children's admission (thank you!). Adults are free at Shinhata's Orchard. The cost for adults going to the Ft. Crawford Museum is \$8.00, which you must cover.
- Please check, sign, and return the attached permission slip as soon as possible.
- Remember, if you wish to chaperon, you must have finished the Safe Environment requirements.
- We plan to be back between 1:30 and 2:00. Students should wear their red polos.

Fire Prevention Week: Fire Prevention Week is **October 9th-12th** this year. The local fire department will come for their annual fire prevention program for 4K – 3rd grade. This will be held outdoors at 10:30 AM on Thursday, **October 12th**. We are very fortunate that we have a local fire department willing to do this prevention program for us each year!

Parent-Teacher Conferences: Our conferences are on the night of **October 19th**, from 3:30-6:00. This is your chance to sit down with your child's teacher, ask questions, find out your child's strengths, and areas that might need extra work. The schedule for conferences will be sent out next week. If you cannot make your scheduled time, please contact your child's teacher and make an alternative meeting time.

Vernon County Health Department Flu Clinic: The Vernon County Health Department will conduct an Influenza Vaccination Clinic starting here at St. Charles at **8 AM on Thursday, October 19th**. Forms and information on the vaccines are enclosed. Please complete the forms and return to the school office **PRIOR TO October 18th** to enable us to give an accurate count to the Health Department prior to that day.

Snacks (Reminder): We do have a student in the 4K-1st grade classroom with an allergy to nuts. The nut allergy is not severe but, to be safe, any treats should be free from nuts or nut products. Please remember that any snacks brought to school should be on the more nutritious side, rather than more to the just-sweet side. If you are planning treats for the whole school please avoid foods with nuts and nut products.

PTO Update:

- **Retreat Fair Parade September 30th:** Any family that wants to help decorate the parade float meet at 10:30 at Hadyen Road. If you want to walk in the parade and can't help decorate, be there at 11 AM. Parents are welcome to walk in the parade with your kids(s), and if anybody knows someone that went to St. Charles, please invite them to be part of the float. We will be throwing candy out! (**Michelle Rodgers (608) 780-1997**).
- **Yearbooks 2022-2023** – The yearbooks are in the school office! They are \$12 per book. Please send cash or check to St. Charles PTO and Carrol will give you your book(s). PTO covers the cost for 1 per staff member.
- **Questions?** email Jessica Cina: jbutterfly12384@gmail.com

Believe Magical Holidays and Spunkmeyer Cookie Dough.

- As of today, it looks like our paper sales are **\$1,384** and on-line sales are **\$1,277** for a total of **\$2,661**. Tomorrow, **Thursday, September 28th** is the **last day** of our Fundraiser as we don't have school on Friday, September 29th which was to be the last day! Last year they were over **\$4,000** – let's see what the last turn in day brings!

Scrip (Megan Olson): Thanks to everyone who has been using the Scrip program. If you haven't already used the program, it is easy to join and start earning money for our school while you shop. You purchase gift cards at face value, and we earn a certain percentage back. Either create an account on raiserright.com or download the Raise

Right app. You can use the app or website to immediately buy and use E-gift cards. Reach out to Megan Olson with any questions at 608-385-7815 or mjtrussoni@gmail.com. Thanks!

De Soto Area Schools Message Alert Information per De Soto instructions for inclement weather and/or other school closures:

SchoolMessengerSetup (SMS): De Soto offers text message notification service to all the school families. Please email your cell phone number to: jkreuzer@desoto.k12.wi with **SchoolMessengerSetup** in the title. **Three days after you send your request, please text "YES" to 67587 to opt-in to receive SMS messages from De Soto Area Schools.**

- Please note, although this is a provided service, the District is not responsible for any text message charges that you may incur by opting-in to this service. Please check with your wireless provider for specific details about any possible charges. (Jackie Kreuzer, Administrative Assistant, De Soto Area Schools).

De Soto Mini Cheer Camp: Enclosed is a De Soto Area Schools flyer on a Mini Cheer Camp for **PK – 5th Grade** on **October 9 and 11** at 4:30 – 5:30 PM in the De Soto Wrestling Room. See the flyer for more details.

Taking care of the body God gave us: With the daily temperatures changing as we move into Autumn please have your child dress in layers to be comfortable at school. A sweater, sweatshirt, or jacket might be needed for chilly morning recesses and can be kept at school just in case. Sweatshirts worn as jackets outside should be taken off and hung up instead of worn in the classroom. Watch the weather to see if shorts are appropriate to wear.

Hunger Knows No Season: Please join us in collecting for the local food pantry! Bring in a nonperishable food item every Tuesday to help those in need. We will place the items in the food basket at the altar before Mass. This is sponsored by the Student Council. The food items will support the St. Matthew's Food Pantry.

St Charles Facebook Page: **Like** the St Charles Facebook Page for updates and events occurring at school.

Handouts:

- T-Shirt Day Flyer
- Vaccination Information (2); Registration Form (1 per student)
- Field Trip permission form
- October Server Schedule
- 5 Fun Teeth Facts for Kids
- Picture packages from Sandy Trussoni
- De Soto Area Schools Mini Cheer Camp (PK-5th Grade)

Dates to Remember:

September 28: Last turn-in day for fundraiser orders
September 29: No School, Diocese of La Crosse teacher in-service
October : Stand up to Bullies month, focus on resilience
October 5: Field Trip Day
October 6: Adoration at 2:30
October 11: Unity Day, wear orange
October 12: Fire Department visit (4K-3rd)
October 17: No mass
October 19: Parent/Teacher Conferences (3:30-6:00)
October 20: Children's Mass at 8:15, wear red polos
October 27: No School, Teacher in-service
October 31: Costume Day, No Mass
November 1: All Saints' Day Mass at 8:30

Birthdays:

September 20: Autumn Rach
September 24: Bayne Venner

DIOCESE OF LA CROSSE
SUPPLEMENTAL CHILD CONSENT AND RELEASE FORM
PARENTAL/GUARDIAN CONSENT FORM AND LIABILITY WAIVER

Participant's Name: _____

Birth date: _____ Sex: _____

Parent/Guardian's Name: _____

I, _____, grant permission for my child, _____, to
Parent or Guardian's name Child's name
participate in this parish/youth ministry/school event that requires transportation to a location away
from the parish/school site. This activity will take place under the guidance and direction of parish
employees and/or volunteers from St. Charles
Name of Parish/School

A brief description of the activity follows:

Date of Event: Oct 5, 2023 Cost of Event: Adults for Ft. Crawford
Type of event: Pumpkin Patch (4K-2nd) Ft. Crawford (3-6th) \$8
Destination of event: Shinhata's Orchard, Ft Crawford museum, Ft. Park
Individual in charge: Mrs. Hytry
Estimated time of departure and return: 8:30 - 2:00
Mode of transportation to and from event: Bus
Meal arrangements: Bring sack lunch.

I acknowledge that I have previously completed the Comprehensive Child Consent and Release form, providing medical information, permissions, authorizations and releases pertaining to my child. I have listed below any additions and/or corrections to the information provided on that form:

Subject to any changes above, I hereby reaffirm any and all such disclosures, permissions, authorizations and releases as though stated herein.

Signature: _____ Date: _____

Contact phone number _____

I am willing to chaperone, _____

DIOCESAN NOTICE WISCONSIN'S RECREATIONAL IMMUNITY LAW

Participants (not property owner) in Diocesan-sponsored recreational activities should be aware of Wisconsin's Recreational Immunity law which limits claims and recovery for death or injury while engaging in recreational activities and which imposes legal duties on participants. These legal duties include, but are not limited to:

1. Acting within the limits of his or her ability;
 2. Heeding all warnings regarding participation in the recreational activity;
 3. Maintaining control of his or her person and equipment devices or animals the person is using while participating in the recreational activity; and
 4. Refraining from acting in any manner that may cause or contribute to the death or injury to himself, herself or to other persons while participating in the recreational activity.
-

Servers Schedule for October

| Date | Day | Servers |
|----------|-----------|--------------------------|
| 10/02/23 | Tuesday | Bayne, Ari, William |
| 10/05/23 | Thursday | Abigail, Shelby |
| 10/06/23 | Friday | Easton, Celia |
| | Adoration | Abigail, Ari, Shelby |
| 10/10/23 | Tuesday | Bayne, Celia, Lorenzo |
| 10/12/23 | Thursday | Easton, Ezio |
| 10/13/23 | Friday | Celia, Autumn |
| 10/20/23 | Friday | Ari, Keilana |
| 10/24/23 | Tuesday | Easton, William, Keilana |
| 11/01/23 | Tuesday | Abigail, Shelby, William |

Ever get bored of collared shirts?
Well, here's your chance to wear a
T-Shirt for T-Shirt Day.



Thursday, September 28

\$1 per person

Keep your t-shirts appropriate for
school without blood, guts, bad words,
or bad pictures.

All money will go to the Student Council's funds.

Vernon County Health Department

Protecting and Promoting a Healthy Community Since 1921
318 Fairlane Drive (Co Hwy BB) PO Box 209 Viroqua, WI 54665-0209
Phone 608-637-5251 FAX 608-637-5514



Dear Parent:

Vernon County Health Department will be offering Influenza vaccine to all children/students free of charge at the following locations:

Prairie View Elementary, Desoto Middle School and Desoto High School on **Wednesday October 18th**.

St. Charles, Stoddard Elementary and St. Matthews on **Thursday October 19th**

We are enclosing a consent form for your signature along with a Vaccine Information Form that discusses the vaccine. Please review the materials and return the signed consent form to the ***school secretary or classroom teacher no later than Tuesday October 17th***.

If you have any further questions/concerns, please feel free to contact the DeSoto Area School Nurse or Vernon County Health Department. We look forward to seeing your children. It is very important that we protect your child from complications of Influenza.

Loralee Wetter
DeSoto Area School Nurse

Emily Olson, RN BSN
Public Health Nurse/Deputy Health Officer

Influenza (Flu) Vaccine (Inactivated or Recombinant): *What you need to know*

Many vaccine information statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite www.immunize.org/vis

1. Why get vaccinated?

Influenza vaccine can prevent influenza (flu).

Flu is a contagious disease that spreads around the United States every year, usually between October and May. Anyone can get the flu, but it is more dangerous for some people. Infants and young children, people 65 years and older, pregnant people, and people with certain health conditions or a weakened immune system are at greatest risk of flu complications.

Pneumonia, bronchitis, sinus infections, and ear infections are examples of flu-related complications. If you have a medical condition, such as heart disease, cancer, or diabetes, flu can make it worse.

Flu can cause fever and chills, sore throat, muscle aches, fatigue, cough, headache, and runny or stuffy nose. Some people may have vomiting and diarrhea, though this is more common in children than adults.

In an average year, **thousands of people in the United States die from flu**, and many more are hospitalized. Flu vaccine prevents millions of illnesses and flu-related visits to the doctor each year.

2. Influenza vaccines

CDC recommends everyone 6 months and older get vaccinated every flu season. **Children 6 months through 8 years of age** may need 2 doses during a single flu season. **Everyone else** needs only 1 dose each flu season.

It takes about 2 weeks for protection to develop after vaccination.

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against the influenza viruses believed to be likely to cause disease in the upcoming flu season.

Even when the vaccine doesn't exactly match these viruses, it may still provide some protection.

Influenza vaccine does not cause flu.

Influenza vaccine may be given at the same time as other vaccines.

3. Talk with your health care provider

Tell your vaccination provider if the person getting the vaccine:

- Has had an **allergic reaction after a previous dose of influenza vaccine**, or has any **severe, life-threatening allergies**
- Has ever had **Guillain-Barré Syndrome** (also called "GBS")

In some cases, your health care provider may decide to postpone influenza vaccination until a future visit.

Influenza vaccine can be administered at any time during pregnancy. People who are or will be pregnant during influenza season should receive inactivated influenza vaccine.

People with minor illnesses, such as a cold, may be vaccinated. People who are moderately or severely ill should usually wait until they recover before getting influenza vaccine.

Your health care provider can give you more information.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

4. Risks of a vaccine reaction

- Soreness, redness, and swelling where the shot is given, fever, muscle aches, and headache can happen after influenza vaccination.
- There may be a very small increased risk of Guillain-Barré Syndrome (GBS) after inactivated influenza vaccine (the flu shot).

Young children who get the flu shot along with pneumococcal vaccine (PCV13) and/or DTaP vaccine at the same time might be slightly more likely to have a seizure caused by fever. Tell your health care provider if a child who is getting flu vaccine has ever had a seizure.

People sometimes faint after medical procedures, including vaccination. Tell your provider if you feel dizzy or have vision changes or ringing in the ears.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5. What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call **9-1-1** and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call **1-800-822-7967**. *VAERS is only for reporting reactions, and VAERS staff members do not give medical advice.*

6. The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Claims regarding alleged injury or death due to vaccination have a time limit for filing, which may be as short as two years. Visit the VICP website at www.hrsa.gov/vaccinecompensation or call **1-800-338-2382** to learn about the program and about filing a claim.

7. How can I learn more?

- Ask your health care provider.
- Call your local or state health department.
- Visit the website of the Food and Drug Administration (FDA) for vaccine package inserts and additional information at www.fda.gov/vaccines-blood-biologics/vaccines.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call **1-800-232-4636 (1-800-CDC-INFO)** or
 - Visit CDC's website at www.cdc.gov/flu.



Adult

Office Visit/Community Clinic (Injectable)

2023-2024 SEASONAL INFLUENZA VACCINE CONSENT FORM

Information collected on this form will be used to document permission for you to receive the 2023-2024 seasonal influenza vaccine. Record of this immunization may be shared through the Wisconsin Immunization Registry (WIR) with other health care providers directly involved with your care.

| | | | | | |
|---|-----------------|------------|---|-------------|----------------|
| Name (Last, First, Middle initial) | | | Gender <input type="checkbox"/> Male <input type="checkbox"/> Female | | |
| Birthdate Month _____ Day _____ Year _____ | | Age _____ | Daytime Phone Number () _____ | | |
| Home Address _____ | P. O. Box _____ | City _____ | County _____ | State _____ | Zip Code _____ |
| | | | Okay to share the seasonal influenza immunization data with the Wisconsin Immunization Registry (WIR)? <input type="checkbox"/> Yes <input type="checkbox"/> No | | |

Please answer the following questions (circle Yes or No):

| | | |
|---|-----|----|
| 1. Do you have a serious allergy to eggs? | YES | NO |
| 2. Do you have any other serious allergies? Please list _____ | YES | NO |
| 3. Have you ever had a serious reaction or allergic response to past flu vaccinations? | YES | NO |
| 4. Have you ever had Guillain Barré syndrome (a type of temporary severe muscle weakness) within 6 weeks after receiving a flu vaccine? | YES | NO |

CONSENT FOR VACCINATION:

I have read, or have had explained to me, the Vaccine Information Statement (VIS) for the Influenza vaccine. I have had a chance to ask questions that were answered to my satisfaction. I understand the benefits and risks of the vaccine requested and ask that the vaccine be given.

Signature X _____ Date _____

ADDITIONAL INFORMATION NEEDED FOR BILLING

Medicare Part B _____ Medicaid _____

GLHP/Senior Preferred _____

Private Pay _____ School Insurance _____

| | |
|---|--------------------|
| FOR OFFICE USE | VIS date: 8/6/2021 |
| Clinic/Office Address _____ | |
| 2023-2024 Seasonal Flu: Route (circle one) = IM Body site (circle one) = RD or LD Dose (circle one): 1 or 2 | |
| Manufacturer _____ Lot No. _____ | |
| Signature and title of person administering vaccine: _____ | |
| Date vaccine administered: _____ | |

Vernon County Health Department
318 Fairlane Drive (Co Hwy BB)
Viroqua, WI 54665
608-637-5251

Did you know? Check out our 5 fun teeth facts for your kids!



Did you know that our country's first president George Washington lost most of his permanent teeth before he turned 21? He had to use dentures made of gold and brass throughout his adult life. George wasn't a shining example of excellent oral hygiene, but you can be one by brushing your teeth twice a day and learning a few teeth facts to help you take care of your teeth.

Here are some of them;

1. Tooth enamel is the hardest bone in your body

Yes, it is. The enamel is the reason why teeth last forever. It also protects the inner part of the tooth called the dentin. To take care of your enamel, ensure you brush your teeth often and avoid biting into hard objects.

2. Your mouth makes around 25,000 gallons of saliva in a lifetime

Incredible, isn't it? 25,000 gallons is equal to the amount of water in a standard Olympic size swimming pool. Saliva also has vital minerals that protect the enamel and prevent tooth decay.

3. Teeth started growing in your gum before you were born

Baby teeth started forming in your gum way before you were born. This explains the itchy gum kids have before the first tooth sprouts. Kids have 20 baby teeth while adults have 32 permanent teeth.

4. Your mouth has more bacteria than there are people in the world

This is true, but it shouldn't scare you. Keep on brushing your teeth often, especially after meals, and you will be good to go.

5. Everyone's teeth are different

Teeth are like fingerprints; no two people in the world can claim to have identical teeth. This explains why teeth are crucial in identifying people, especially during an investigation.

For **preventative and early dental care** of your teeth, schedule an appointment with your family dentist for regular checkups.

(Pam Jeffers (Kitchen Volunteer) also shared this clever video for children on brushing teeth.)

<https://youtube.com/watch?v=ENAMlqxqZRI&feature=shared>

(Potomac Pediatric Dentistry)



Price is \$15

For students Pre-K through 5th Grade

Practice October 9 and 11, 4:30-5:30 in the De Soto wrestling room

Mini Cheerleaders will perform October 13, during halftime at the De Soto Pirates football game, approximately 6:00 p.m. Report by 5:15.

Mini Cheerleaders should wear a pink shirt and black shorts for the performance.
Hair should be in a pony tail.

Submit form below with payment to the school office by October 3, 2023.

DeSoto Area Schools Mini Cheer Camp Registration

Cheerleader Name _____

Parent/Guardian Name _____

Phone Number _____ Email _____

I'm submitting payment of \$15 to participate _____

