



Family Folder - Wednesday, September 13, 2023

Focus on Reading: Our theme for this year is Adventures in Reading. We'd like the students to fall in love with the written word in all its forms and genres. Among the activities to facilitate this include showcasing favorite books read by the students on the bulletin board across from the office, reading out loud to the students from different genres, incorporating reading units from different genres, and inviting different guest readers to read to the students from their favorite books. Our first guest reader this Thursday is Cindy Gehde, Keilana's grandma.

The students have also set a school goal for independent reading hours. They feel that the students, as a group, can read 20,000 minutes total this year! We'll keep track on a graph next to the Reading bulletin board. Can anyone think of a good reward for reaching this goal?

Since writing is a natural extension of reading, our Author's Chair theme book this year will be Adventures in Writing. Each child will write their own story using the format of their favorite genre. Excerpts of these will be read on the last Friday of Catholic Schools Week, February 2nd, for Author's Chair. The complete book will go home towards the end of the year.

Student Council: Each year the 4th-6th graders choose which positions they would like to take on our St. Charles Student Council. Our Student Council does collect money through Crazy Days and Bake Sales, then decides what cause(s) to put that money towards. In the past we have purchased the Mary statue for the garden, prairie plants for the garden, PE equipment, and the weather station, among other items.

We have openings for president, vice-president, representatives, secretary, and treasurer. Students have been writing campaign speeches, making posters, and handing out business cards all week. They'll give their speeches to the rest of the students this Friday, students will vote, and we'll announce the winners later that afternoon. Stay tuned for the results!

Grandparents' Tribute: Please check out the glass doors between the vestibule and the main church for our tribute to our grandparents. We'd also like to welcome any grandparents to come to school and eat lunch with their grandchild this week, September 11-15. Just fill out the form from last week, or call Carrol in the office, and return it to school as soon as possible so that Michelle can be prepared.

Safe Environment: At St. Charles we work hard to keep your child safe and provide a warm and nurturing environment for them to flourish in. Part of this safe environment is ensuring that the person or persons picking your child up from school are approved by you. Attached is a form which asks for a list of people approved by you to pick up your child, along with a contact phone number for that person. Please fill this out and return as soon as possible. We understand that occasionally grandma or grandpa might pay a surprise visit, uncles or aunts might have to fill in as an emergency backup, or others not on the list might show up so a phone call to the school will suffice. If your child(ren) will be picked up by someone not on the list, please send that information to the school office in writing either by text to a teacher, email or handwritten note. If a person is not on the list and we have not been contacted, we will contact you before we let your child go with anyone. If you have any questions or concerns, please contact Father Sedlacek or Mrs. Hytry.

Inclement Weather: We will keep the children indoors at the end of the day if the weather is too rainy or cold. Please come into the school to pick up your child if you don't see anyone out on the playground. We will follow De Soto's announcement for any school closings. You can always check the news channels for closures (keep in mind that the announcement will be for De Soto schools, NOT St. Charles), sign up for a text directly from De Soto schools, (**see instruction elow to sign up for Message Alert**), or wait for an email from Mrs. Hytry. If school has to close early for any reason we will notify you through email and follow your emergency pick-up plan that you filled out in your school packet.

PTO Welcome Back:

- **Calling all BUTTER BRAIDS lovers!** We're selling until 9/19/23. You can order through any student/parent in person or online through Facebook. If you have any questions or aren't able to get info feel free to reach out to Jessie Cina via text/call (608-780-1148) or email at stcharlespto@outlook.com
- **PTO Minutes:** The PTO minutes from the meeting last evening are attached;
- **Retreat Fair:** Enclosed is a survey for participation in the Retreat Fair. Please complete it and return to me through the office or email Jessica Cina: jbutterfly12384@gmail.com

Take-Aways:

- School is off to a great start! As we always need as many volunteers as possible, we may reach out to St. Charles Alumni and Aquinas students
- First field trip will be either 10/3, 4, or 5. Pre-K through 3rd will go to an apple orchard, 4th-6th will go to a museum.
- Keep selling butter braids and return forms (paper and online) by **9/19**.

- Dates for fundraisers were discussed. Save the date for 11/12 for Pancakes & BINGO!
- Next meeting 10/3 @ 5:30pm in the school gym!

Heads Up! Tuesday, **September 12th** was the “kick off” for the **Believe Fundraiser** for the students here at St. Charles. This year we do both the **Believe Magical Holidays Catalog** and the **Spunkmeyer Cookie Dough**. The first turn in day will be **Tuesday, September 19th**. All of you did a great job last year so let’s see you do that again! Orders will arrive prior to Thanksgiving and we will let you know as soon as we know the exact date. **The last day to turn in all orders is September 28 (since there isn’t school on September 29).**

St. Charles Student-Family Directory (Carrol): Enclosed is the Student-Family Directory. Please check your information, and email me at office@stcharlesgenoa.org with corrections/changes. I understand it basically has been used as a way for parents to connect with other parents so if you want a different phone number listed or if you don’t want your phone listed, please let Carol know.

Early Dismissal Procedure (Carrol): The Early Dismissal form is also enclosed. There are so **very** many numbers on this so check them carefully and let me know any correction/additions. Some have listed their email so if you want yours included, please let me know. In addition, the column entitled **Destination** is very important so please check that carefully, and if blank, please complete that area.

Scrip (Megan Olson): Please touch base with Megan for any questions: 608-385-7815 or mjtrussoni@gmail.com

De Soto Area Schools Message Alert Information per De Soto instructions for inclement weather and/or other school closures:

SchoolMessengerSetup (SMS): We offer text message notification service to all the school families. Please email your cell phone number to: jkreuzer@desoto.k12.wi with **SchoolMessengerSetup** in the title. **Three days after you send your request, please text “YES” to 67587 to opt-in to receive SMS messages from De Soto Area Schools.**

- Please note, although this is a provided service, the District is not responsible for any text message charges that you may incur by opting-in to this service. Please check with your wireless provider for specific details about any possible charges. (Jackie Kreuzer, Administrative Assistant, De Soto Area Schools).

Taking care of the body God gave us: With the daily temperatures changing as we move into Autumn please have your child dress in layers to be comfortable at school. A sweater, sweatshirt, or jacket might be needed for chilly morning recesses and can be kept at school just in case. Sweatshirts worn as jackets outside should be taken off and hung up instead of worn in the classroom. Watch the weather to see if shorts are appropriate to wear.

Hunger Knows No Season: Please join us in collecting for the local food pantry! Bring in a nonperishable food item every Tuesday to help those in need. We will place the items in the food basket at the altar before Mass. This is sponsored by the Middle School Student Council. The food items will support the St. Matthew’s Food Pantry. **(flier enclosed)**

Are You Ready? Vernon County Emergency has sent our a couple of great handouts on Emergency Preparedness for Seniors and Special Needs. They are both enclosed with this family folder.

St Charles Facebook Page: “Like” the St Charles Facebook Page for updates and events occurring at school.

Handouts:

- Crochet/Knitting letter for 5th-6th graders
- Authorized Pick-up Student form
- Emergency Preparedness for Senior and Special Needs
- Early Dismissal Procedure for 2023-2024
- St. Charles School Directory
- PTO Meeting Minutes
- PTO Survey on Retreat Fair

Dates to Remember:

September 13: School Pictures
 September 19: first turn-in day for fundraiser orders
 September 26: Reconciliation (3rd-6th)
 September 29: No School, Diocese of La Crosse teacher in-service
 October : Stand up to Bullies month
 October 11: Unity Day, wear orange
 October 19: Parent/Teacher Conferences

Birthdays:

September 20: Autumn Rach
September 24: Bayne Venner

Hello!

I found out last year that I was really missing my crochet/knitting after-school class so I thought I'd offer it to 5th and 6th graders again this year.

We'll meet on Wednesdays after school from 3:00 to 3:45, starting next week, September 20th.

Your child will need a crochet hook, size N or larger, and a skein of smooth 4-ply yarn. If your child would like to knit, they will need a size 10 straight knitting needles and a skein of smooth 4-ply yarn. I do have some to practice with. Some of the fuzzier yarns or crinkly yarns are hard for those just starting but will be great to use later on.

Any questions or concerns please let me know.

Thanks,

Patti Hytry

phytry@stcharlesgenoa.org

608-689-2642

ST. CHARLES SCHOOL EARLY DISMISSAL PROCEDURE 2023-2004

STUDENT	CONTACT (H – Home; W – Work; C – Cell)	DESTINATION
Buncak, Micah & Danyel Addelyn (4K)	Mom (Danyel) (C) (608) 386-2764; W (608-689-2203; Dad (Micah) (C) 608-739-8108; W (608) 608-689-4280; Debra Lomas (Grandmother) (C) 608-632-3362; Marge Buncak (Grandmother) (C) 608-787-6994	
Ganley, Mary Jack (6th)	Mom (Mary) (C) 715-383-9470; Robert Ganley (H) 608-788-0345; Grandmother (Judy Ganley) (H) 608-788-4673; (C) 414-539-0157; (C) 414-539-0157; Tara Wrobel (Neighbor) 608-385-4050; Ray Wrobel (Neighbor) (C) 608-385-3871	Early Dismissal: Mom will pick Jack up; Home: N3390 Wiese Lane, Stoddard, WI 54658
DeGarmo/Cina Shelby (4th) Hazel (4K)	Mom (Jessie Cina): (H) 608-689-2885; (C) 608-780-1148; (W) 608-775-3030; Email: ibutterfly12384@gmail.com ; Dad: (Carl DeGarmo): (C) 608-780-4031; (W) 608-785-4590; Email: degarmocarl@yahoo.com ; Grandpa Pat Cina: 608-689-2884; C: 608-606-2057; Aunt Char Venner (C) 608-792-0740; Grandparents Dan/Colleen: (H) 608-689-2318; Colleen (C) 608-606-5770 OR Dan (C) 734-819-8945	Call mom first. Go to Grandpa Pat Cina's or Char's house
Eckes, Ashley & Orey: Raegen (K) Easton (5th) Dekker (2nd)	Mom (Ashley) (H) & (C) 608-797-6959; Dad (Orey) (C) 715-305-7453; (W) 608-689-2605; Grandparents Jayne/Tom Eckes (C) 715-305-7414; Friend (Libby Stark) (C) 608-279-6647; Jeff Lockington (Co-Worker) (C) 608-606-4331	Bus Home
Halverson, Paige Wesley	Mom (Paige Halverson) (C) 608-632-9366; Zachary Stluka (C) 920-638-8844; Austyn Kuhnke (Stepdad) (C) 608-397-1141; Crystal Kuhnke (Step grandmother) (C) 608-397-3184; Jaime Hooverson (Grandmother) (C) 608-632-4049	
Lavey, Niles & Crystal) Rosemary (K)	Mom ((Crystal) (W) 262-385-3033; (C) 262-385-3033; Father (Niles) (C) 608-345-9546; Janet Johnson (Grandmother) (C) 608-605-4840; Brad Lavey (Grandfather) 608-475-3684; Janet Johnson (Grandmother) (C) 608-604-4840	Daycare or Pick Up
Mitchell, Abigail, William & Thomas (6 th , 4 th , 1st)	Mom (Beth) C: 608-790-6112; (H) 608-483-2394; (C) 608-790-6112; (W) 608-775-9761; Email: happy Mitchell04@gmail.com ; Dad (Kevin) C: 608-508-2840; (W) 608-216-4335; Emergency: Angie Pfaff (Neighbor) (H) 608-457-2451; (C) 608-304-0502; Joe Tschumper (Neighbor) (H) 608-483-2718; (C) 608-317-6514; Dick Meirick (Grandfather) (C) 608-330-2367	Home on Bus
Olson, Kris/Megan Ezio (3rd)	Mom (Megan) H: 608-689-2069; (C) 608-385-7815; Dad (Kris); (C) 507-313-8126; In case of early release – walk home. If parents can't be reached: Grandmother (Tama Trussoni): (H) 608-689-2192 or (C) 608-780-0092 Aunt (Danielle Trussoni) (H) 608-648-2507 or (C) 612-720-6411; Aunt (Michele Trussoni) (H) 608-689-2019; (C) 608-632-9784	Walk Home
Rach, Holly & Zach Autumn (3rd)	Mom (Holly) (C) 608-797-8693; Dad (Zach) (C) 608-790-3551; In Emergency: Grandmother (Tiffany Kagel) (C) 608-317-0065; Robert Kagel (Grandpa) (C) 608-804-0278; Sandy Juen (Grandmother) 608-689-2929	Try mom first. If mom can't be reach – call neighbor Kathy Kilmer.

Rodgers. Keilana (3rd)	Mom (Michelle) (608-780-1997; Email: ruepert8@hotmail.com ; Dad (Kaimana) 608-780-3977; Emergency: Grandmother (Cindy Gehde) 608-689-2159; (C) 608-317-7795; Grandmother (Louise Rodgers) (C) 608-606-1172; Godmother (Jayne Ballwahn) (C) 608-780-5020	Home with mom OR Grandparent if parents can't be reached.
Trussoni, Arianna, Lorenzo, Giovanni & Isabella (5 th , 3 rd , 1 st & 4K)	Mom (Danielle) H: 608-648-2507; (C) 612-720-6411; Email: Dani-tyler@yahoo.com ; Dad (Nate) (C) 608-306-1320; Emergency: Grandmother (Tama) (H) 608-689-2192; (C) 608-780-0092; Aunt (Megan Olson) (H) 608-689-2069; (C) 608-385-7815; Chris Tyler (Grandpa) (H) 608-648-2788; (C) 612-790-1248	Home on Bus
Venner, Bayne & Celia (6 th & 4th)	Mom (Char) (C) 608-792-0740; (W) 608-788-2875; Email: cmertv@yahoo.com ; Emergency: Step Dad (Jared Proctor) (C) 608-606-2632; Grandfather (Pat Cina) (H) 608-689-2884; (C) 608-606-2057; Candy Cina (Grandmother (C) 608-606-4772	Walk Home

(Early Dismissal Procedure 2023-2024)

St. Charles School

Directory

2023-2024



**St. Charles School Directory
2023-2024**

Buncak, Micah & Danyel
113 Main Street
Genoa, WI 54632
Phone: (C) (608) 386-2764
Addelyn: Grade 4K

DeGarmo - Carl & Jessie Cina
Genoa, WI 54632
Phone: (C): (608) 780-1148
Hazel De Garmo: Grade 4K
Shelby DeGarmo: Grade 4

Eckes – Orey & Ashley
N137 Eckert Lane
Genoa, WI 54632
Phone (C): 715-305-7453
Raegen: Grade K
Dekker: Grade 2
Easton: Grade 5

Ganley, Mary & Robert
N3390 Wiese Lane
Stoddard, WI 54658
Phone: (C): (715) 383-9470
Jack: Grade 6

Halverson – Paige
W1439 Spring Coulee Rd.
Genoa, WI 54632
Phone: (608) 632-9366
Wesley: Grade 4K

Lavey, Niles & Crystal
S3543 Dudley Hill Rd
Genoa, WI 54632
Phone (C): 262-385-3033
Rosemary: Grade K

Mitchell – Kevin & Beth
W233 Cedar Valley Rd.
Stoddard, WI 54658
Phone: (608) 483-2394
Thomas: Grade 2
William: Grade 4
Abigail: Grade 6

Olson – Kris & Megan
405 Main Street
Genoa, WI 54632
Phone: (608) 689-2069
Augustine: Grade 4K
Ezio: Grade 3

Rach – Zach & Holly
S4743 Thorson Lane
Viroqua, WI 54665
Phone (C): (608) 797-8693
Autumn: Grade 3

Rodgers – Kai & Michelle
E795 Maple Drive
Genoa, WI 54632
Phone (C): (608) 780-1997
Keilana: Grade 3

Trussoni–Nathaniel & Danielle
S6421 Amann Rd.
DeSoto, WI 64624
Phone: (608) 648-2507
Isabella: Grade 4K
Giovanni: Grade 1
Lorenzo: Grade 3
Arianna: Grade 5

Venner – Char
403 Main St.
Genoa, WI 54632
Phone: (C) 608 792-0740
Celia: Grade 5
Bayne: Grade 6

frdanielsedlacek@gmail.com
phytry@stcharlesgenoa.org
mkdonovan@stcharlesgenoa.org
mdonovan@stchalesgenoa.org
khutchison@stcharlesgenoa.org
strussoni@stcharlesgenoa.org
mrodgers@stcharlesgenoa.org
office@stcharlesgenoa.org

(School Directory 2023-2024)

Parade Survey

Return by Friday 9/15

Name _____

- 1) Would you be able to and want to ride on a float in the Retreat World's Fair Sept 30th?

Parade is at noon – have to be there by 1130. _____

- 2) If so, would you be able to help beforehand with any decorating if needed?

- 3) Any theme ideas for a float? _____

Thank you for your responses!

PTO

PTO Meeting - Minutes

September 12, 2023, 4:30 PM

Attendees

Jessie Cina, Danielle Trussoni, Megan Olson, Crystal Lavey, Father and Mrs. Hytry

Father's Report

- Start of school has gone well.
- Idea of involving past alumni, particularly for donations and volunteering opportunities. Spring Carnival and 4th of July are our biggest fundraisers and would need the most help. Father has a list of alumni from 2006, so will need to be updated.
- Donation ideas: list out what the school needs (carpeting, windows, sound system) vs. what has been done with the dollars (storage shed) vs. "sponsor a student" to assist with operation costs.
- Utilize Aquinas students for community service hour opportunities?

Teacher's Report

- School supply list – Mrs. Kelly and Mrs. Hytry's Amazon lists were successful, Mrs. Hytry received everything on her list and additional quantities. Reminder that PTO offers \$100/teacher per year.
- St. Charles banner – need to decide where to put it again (talk to ZZip stop new owners?)
- 5th/6th grade – Student Council speeches are this Friday, then they can start deciding what to do for the year. Confirmed Bake Sale dollars and Santa Sale dollars go to this fund.
- Field trips
 - Oct 3, 4, or 5 (date TBD). Fall field trip will be to Shihata's Orchard in Prairie du Chien (4K – 3rd), and Fort Crawford Museum (4th-6th). One bus will take all students, younger group will be dropped off at orchard for wagon ride, pumpkin patch, pumpkin painting, and the older students will go to the museum. Younger group will be picked up and everyone will go to a nearby park for lunch before returning to school.
 - May 22. Mississippi River Museum, Dubuque, IA

Treasurer's report

- We have \$12,493.14 in our checking, \$4,879.94 in our savings, \$383.48 for the 5th and 6th grade fund. 5th/6th grade fund needs to be updated.

Business

- Fundraising
 - Butter braids – keep selling through this week and return by 9/19 (paper and online). Next year we may try selling over the summer (forms included in summer packets with turn in on Open House night). Reasoning: we sell a lot of

braids due to being the first school in the area, however we are running into overlap with the Believe fundraiser. If we sold during month of August, we can deliver braids the 2nd week of school ahead of the start of Believe fundraiser.

- Pretzels – Holly -- Jessie requested more information
- Dates for upcoming events – MARK YOUR CALENDARS
 - Pancake breakfast w/ bake sale and BINGO: Nov. 12
 - Serve pancakes (pumpkin and regular) 10-11:30, BINGO 11-1
 - Santa Sale: Dec. 15 TBD (afternoon)
 - Sip and Paint: Checking January dates with Mrs. Kelly
 - May also offer a Nov. 18 date for opening weekend
 - Fish Fry X 3: Feb. 16, March 1, March 15
 - 2 at school w/ pull tabs/BINGO/??, 1 at Rod/Gun club
 - Jessie & Holly to confirm dates with Buck/Lion's Club
 - Spring Carnival: Apr. 21 10am – 2pm (set up Apr. 19 & 20)
- Special dates/celebrations over the school year
 - Admin Day Apr 24
 - Lunch May 23
 - Custodian Oct 2
 - Clergy Oct 8
 - Jessie to fill in
- Teacher's beginning week of school meal: \$45 for pizza which PTO will reimburse. Next year PTO will pay for pizza lunch on Open House night for school staff.
- Catholic schools week: 1/28 – 2/3
 - Field trip to Ft. McCoy on 1/31 – Danielle to contacting

Next Meeting:

- Tuesday, October 3 @ 5:30pm in the school gym
 - Plan pancake breakfast
 - Fundraising dates and updates
 - Halloween meal in evening at school?



Are You **READY WISCONSIN?**

✓ Get a Kit

✓ Make a Plan

✓ Be Informed

Emergency Preparedness for Seniors

Each person's needs and abilities are unique, but every individual can take important steps to prepare for all kinds of emergencies and put plans in place. By evaluating your own personal needs and making an emergency plan, you can be better prepared for any situation. A commitment to planning today will help you prepare for any emergency situation. Preparing makes sense. Get ready now.



- ◆ Consider how a disaster might affect your individual needs.
- ◆ Plan to make it on your own, at least for a period of time. It's possible that you will not have access to a medical facility or even a drugstore.
- ◆ Identify what kind of resources you use on a daily basis and what you might do if they are limited or not available.
- ◆ Get an emergency supply kit.

Plan in advance for shelter alternatives that will work for you; consider loved ones or friends outside of your immediate area who would be willing to host you in an emergency.

Create a Support Network

- ◆ If you anticipate needing assistance during a disaster talk to family, friends and others who will be part of your personal support network.
- ◆ Write down and share each aspect of your emergency plan with everyone in your support network.
- ◆ Make sure everyone knows how you plan to evacuate your home or workplace and where you will go in case of a disaster.
- ◆ Make sure that someone in your local network has an extra key to your home and knows where you keep your emergency supplies.
- ◆ Teach those who will help you how to use any lifesaving equipment, administer medicine in case of an emergency.
- ◆ Practice your plan with those who have agreed to be part of your network.

Medications and Medical Supplies

If you take medicine or use a medical treatment on a daily basis, be sure you have what you need to make it on your own for at least a week, maybe longer.

- ◆ Make a list of over-the-counter and prescription medicines including dosage, treatment and allergy information.
- ◆ Talk to your pharmacist or doctor about what else you need to prepare.
- ◆ If you undergo routine treatments administered by a clinic or hospital or if you receive regular services such as home health care, treatment or transportation, talk to your service provider about their emergency plans. Work with them to identify back-up service providers and incorporate them into your personal support network.
- ◆ Consider other personal needs such as eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, and oxygen.

➤ **More on back of page**



Emergency Preparedness for Seniors

Emergency Documents

Include copies of important documents in your emergency supply kits such as family records, medical records, wills, deeds, social security number, charge and bank accounts information and tax records.

- ◆ Have copies of your medical insurance and Medicare cards readily available.
- ◆ Keep a list of the style and serial number of medical devices or other life-sustaining devices. Include operating information and instructions.
- ◆ Make sure that a friend or family member has copies of these documents.
- ◆ Include the names and contact information of your support network, as well as your medical providers.
- ◆ If you have a communication disability, make sure your emergency information notes the best way to communicate with you.

Keep these documents in a water proof container for quick and easy access.

For more information on emergency preparedness, please visit our website at <http://readywisconsin.wi.gov>.

You'll find guidance on:

- ◆ Getting a Kit — of emergency supplies for your home, car and workplace.
- ◆ Making a Plan — to communicate with and locate your loved ones during an emergency.
- ◆ Being Informed — about the types of emergencies that occur and the safety measures you should take.

You can also get additional information from your:

- ◆ County emergency management director
- ◆ County department or council on aging



Are You **READY WISCONSIN?**

✓ Get a Kit

✓ Make a Plan

✓ Be Informed

Emergency Preparedness for Seniors

Each person's needs and abilities are unique, but every individual can take important steps to prepare for all kinds of emergencies and put plans in place. By evaluating your own personal needs and making an emergency plan, you can be better prepared for any situation. A commitment to planning today will help you prepare for any emergency situation. Preparing makes sense. Get ready now.



- ◆ Consider how a disaster might affect your individual needs.
- ◆ Plan to make it on your own, at least for a period of time. It's possible that you will not have access to a medical facility or even a drugstore.
- ◆ Identify what kind of resources you use on a daily basis and what you might do if they are limited or not available.
- ◆ Get an emergency supply kit.

Plan in advance for shelter alternatives that will work for you; consider loved ones or friends outside of your immediate area who would be willing to host you in an emergency.

Create a Support Network

- ◆ If you anticipate needing assistance during a disaster talk to family, friends and others who will be part of your personal support network.
- ◆ Write down and share each aspect of your emergency plan with everyone in your support network.
- ◆ Make sure everyone knows how you plan to evacuate your home or workplace and where you will go in case of a disaster.
- ◆ Make sure that someone in your local network has an extra key to your home and knows where you keep your emergency supplies.
- ◆ Teach those who will help you how to use any lifesaving equipment, administer medicine in case of an emergency.
- ◆ Practice your plan with those who have agreed to be part of your network.

Medications and Medical Supplies

If you take medicine or use a medical treatment on a daily basis, be sure you have what you need to make it on your own for at least a week, maybe longer.

- ◆ Make a list of over-the-counter and prescription medicines including dosage, treatment and allergy information.
- ◆ Talk to your pharmacist or doctor about what else you need to prepare.
- ◆ If you undergo routine treatments administered by a clinic or hospital or if you receive regular services such as home health care, treatment or transportation, talk to your service provider about their emergency plans. Work with them to identify back-up service providers and incorporate them into your personal support network.
- ◆ Consider other personal needs such as eyeglasses, hearing aids and hearing aid batteries, wheelchair batteries, and oxygen.

➤ **More on back of page**



Emergency Preparedness for Seniors

Emergency Documents

Include copies of important documents in your emergency supply kits such as family records, medical records, wills, deeds, social security number, charge and bank accounts information and tax records.

- ◆ Have copies of your medical insurance and Medicare cards readily available.
- ◆ Keep a list of the style and serial number of medical devices or other life-sustaining devices. Include operating information and instructions.
- ◆ Make sure that a friend or family member has copies of these documents.
- ◆ Include the names and contact information of your support network, as well as your medical providers.
- ◆ If you have a communication disability, make sure your emergency information notes the best way to communicate with you.

Keep these documents in a water proof container for quick and easy access.

For more information on emergency preparedness, please visit our website at <http://readywisconsin.wi.gov>.

You'll find guidance on:

- ◆ Getting a Kit — of emergency supplies for your home, car and workplace.
- ◆ Making a Plan — to communicate with and locate your loved ones during an emergency.
- ◆ Being Informed — about the types of emergencies that occur and the safety measures you should take.

You can also get additional information from your:

- ◆ County emergency management director
- ◆ County department or council on aging