



Wednesday, March 15, 2023

Tuition & Registration Form Reminder: The Tuition & Registration form for the 2023-2024 school year went home in the family folder earlier. Please complete it and return to the office by **April 15th** along with the \$150 registration fee for each student. If you have any questions, please feel free to contact Fr. Sedlacek.

Mite Boxes Reminder: The Mite Boxes sent home earlier support the Missionary Childhood Association (MCA) and provide for more than **2 million children** enrolled in catechesis and Christian formation programs, as well as more than **600,000 children** in nursery school through secondary school. Students are asked to donate what they are able and return them to school **as soon after Easter as possible**.

St. Charles Website Reminder: Our website is up and running. Miss Donovan (bless her!) will put the Wednesday folder on the website every Thursday. This will include any of the handouts, information sheets, and permission slips. Our plan is to also include any other communication between school and parents on the website, such as monthly calendar, lunch menu, server schedule, any reminders, etc. Paper copies will also be sent home as needed in the Family Folder.

PTO Update (Jessie Cina):

- **Bingo/Pulled Pork lunch** - Thank you to all who helped make this event a success. Almost all 120 dinners were sold and only had a few empty chairs for bingo. Having a full meal with bingo was a little more work but worth it and teamwork shown by all made it seem like a piece of cake. Michelle was also appreciative of how well the kitchen was put back together, so way to go clean-up crew!
- **Fish Fry - March 31st** we are doing our very first Fish Fry with hopes to have more next year during Lent. We are going to try to pre-sell dinners with families getting first choice. Dinners are \$15 each which includes 3 pieces of Cod, baked potatoes, baked beans, coleslaw and bun. Each family (11) is given a list of 10 spots. If you need more let me know and regardless turn them back in by Monday, **March 20** as a message will go out in the bulletin that we have X number of dinners left to try to sell the rest before the event. See separate sheet for more information.
- **Spring Carnival - April 23rd** - Reminder that this historically has been our biggest fundraising event! Please keep selling raffle tickets and spreading the word about the event! Pray for warm weather with a dry field for parking :)! Continue to search the clearance section or go through your new items at home. Spring is a known time for clearing up clutter so you may have friends/family going through items to get rid of that would like to donate items! The Jar game alone needs 300 items. Please review your Carnival Overview. If you need another copy please ask Carrol or myself to get one.
- **PTO meeting** will be **April 4th** at 6 PM - March minutes were sent out last week
- Any questions and/or concerns, feel free to contact Jessie Cina at: **text/call 608-780-1148; jbuterfly12384@gmail.com)**

2023-2024 School Year: Enrollment is open for St. Charles 4K-6th grade for the 2023-2024 school year. If you, OR if you know of families that may be interested, please have them call the office (608) 689-2642 for an application. You may also call or email Fr. Sedlacek (608-689-2646; frdanielsedlacek@gmail.com) OR Mrs. Hytry (608-689-2642; phytry@stcharle.org). There are flyers in the office if you would like to give them to others that may be interested.

PTO Scrip Program REMINDER: Thank you to those who have already signed up for the scrip program.

It's easy to earn money back while you are buying your groceries, gas, or shopping around at many retailers. (Megan Olson 608-385-7815; mjtrussoni@gmail.com)

Taking Care of the Body God Gave Us: Bah! Winter is still here, some days more forcefully than others! So full winter gear is necessary to enjoy the cold and snow. Spare socks and pants might be a good idea to tuck into the backpack just in case kids step in melted snow as they change after recess or get snow down their boots. The little knit gloves may be cute and comfortable, but really do not hold up well with the cold, wind, and snow, so please avoid them. If we are inside at the end of the day, please come in to pick up your child from the cafeteria. An extra layer of a sweater or sweatshirt to keep at school will help keep your child warm, especially when they are sitting for longer periods of time. If your child comes home with hats or mittens which they borrowed from the school, please wash these and send them back.

De Soto Area Schools Message Alert: The Remind system for messages regarding De Soto school closings or early release is no longer in operation – it is SchoolMessenger now. **However, if you want to be included on the notification list for school closings and early release information, please email Jackie Kreuzer (with your email OR phone number for texting) at: jkreuzer@desoto.lk12.wi.us and she will be happy to add you to the notification list**

RootinCrown Consignment Store: Have good used items you no longer need? Please consider donating them to the RootinCrown Consignment Store at 47 Copeland Avenue in La Crosse. Let them know your donations support the St. Charles PTO and a percentage of the sales go to PTO. Please consider shopping there and liking them on Facebook as this supports the PTO. www.rootincrown.com

St. Charles Wellness Policy: We are required to post the St. Charles Wellness policy on-line as well as handouts to contribute towards School Health and Wellness. Here is where you can find the current policy and enclosed is a handout on “MOVE – 60 minutes a Day”: <http://www.mwt.net/~st.charl/School.html>.

St Charles Facebook Page: “Like” the St Charles Facebook Page for updates and events.

Enclosures:

Fish Fry Form for 10 dinners
Spring Carnival Sign Up Sheet
MOVE (Your Way) Flyer for Physical Exercise

Dates to Remember:

March 24: End of 3rd quarter
March 29: Report cards go home
March 29: Celebrate Dr. Seuss, look for details as we get closer.
April 5-10: Easter Break, students return Tuesday, April 11
April 18: Eagles Bluff retreat for 4th-6th. No school Mass
April 21: School Mass
April 23: Spring Carnival
April 30: History Day in cafeteria after Mass
May 07: First Communion
May 16: Spring Concert

February Birthdays

March 10: Abigail Mitchell
March 26: Nalani Rodgers
March 31: Giovanni Trussoni

FISH FRY

FRIDAY, MARCH 31ST from 5-7 pm

\$15 per dinner which includes --- 3 pieces of Cod, baked potato, coleslaw, beans, bun

Family Name (ex. DeGarmo) _____

Name	Eat in or to-go	Paid (\$15)
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
9)		
10)		

We are selling 150 Fish dinners total. We would like to try to presell these. Please fill this out for however many you sell (if you need a few more let Jessie know), collect the money and return in an envelope labeled Fish Fry by next Monday 3/20 so that if needed we will put in the bulletin to collect the rest of the sales before the event or know how many we can advertise we have left. Thank you!

Working Event: This is who I have from email. Need from 4 pm to clean up

Holly

Danielle

Megan or Kris

Ashley

Crystal 4-5:30/6 pm

Jessie at 5:15/5:30

Spring Carnival 2023

We will be setting up Friday night 2 pm-8 pm & Sat. 8 am-8 pm

Workstation	10:00 am – 12:00 pm	12:00 pm – 2:00 pm
Dessert Walk (2) (adult & kid) or 1 adult	1) 2)	1) Beth Mitchell 2) William Mitchell
Jar Game (3)	Cora Gianoli & Family	Cora Gianoli & Family
Ring Toss (1 or 2)	1) Elsie Venner 2) Ava Smetana	1) 2)
Face Painting (2)	1) Kelly Hutchinson 2) Meg Buchner 3) Silas Buchner	1) Kelly Hutchinson 2) Meg Buchner 3) Silas Buchner
Nerf Game (1)	1) Kanoa Rodgers	1) Nate Trussoni
Fishpond (2)	1) Char Venner 2) Shelby DeGarmo	1) 2)
Sucker Tree (1)	1)	1) Perpetua Mitchell
Football Toss (1) Golf (1) (weather permitting)	1) Grady Nicklay 1)	1) Felicity Mitchell 1)
Dice Game (1)	1) Niles Lavey	1)
Prize Room (2)	1) Michelle Rodgers 2) Kai Rodgers	1) Michelle Rodgers 2) Kai Rodgers
Kitchen (4) 1 st shift starts at 9 am	1) John Nicklay 2) Kris Olson 3) 4)	1) Megan Olson 2) Crystal Lavey 3) 4)
Kitchen Cashier (1)	1)	1)
Tickets - Raffle & Games - (2)	1) Patti Hytry 2) Randy Hytry	1) 2)
Basket Raffle (1)	1)	1)
Lottery Board raffle (1)	1)	1)
Cashier (1)	1) Steph Nicklay	1) Steph Nicklay
Float (1)	1) Jessie Cina	1) Jessie Cina



60 A DAY!

You know how sometimes it's really, really hard to sit still?

When you're young, your body **wants** to move — naturally!
(Adults, not so much.)

YEP.



So get active every day — and feel great!

Moving more can give you a boost — in lots of ways.



How much activity do I need?

If you're between age 6 and 17, you need at least **60 minutes** of activity each and every day.



* It's true — physical activity can actually help you do better in school.

So, what kind of activity do I need?



Get a mix of activity. Do things that:



Strengthen your bones



Build your muscles



Make your heart beat faster



Um, strengthen my bones?

Sounds weird, right? But bones need pressure to get stronger. So hit the ground running! Jump, sprint, or do a cartwheel.

60 minutes all at once? I'm pretty busy.



Not a problem! Split up your 60 minutes over the day however you want — it all adds up!



Before school

Walk to school or the bus stop!
Dance around the living room!



At recess

Play with your friends!
Swing on the monkey bars!



After school

Walk your dog!
Go to basketball practice!

So get moving! Do activities you enjoy!

Be a good role model for your parents. Even better, go home and get them moving, too.

Walk. Run. Dance. Play. What's your move?

